



We understand that this journey to seek treatment for your child can be filled with fear and uncertainty, but we would like to thank you for trusting us with the care of your child. To prepare for your child's admission, we have compiled a list of information that will be helpful to prepare for this transition.

Prior to admission-

- Please provide the Camp Worth Intake Coordinator with documentation of your child's autism diagnosis. We must have this on file in order to provide services to your child.
- Please provide the Camp Worth Intak Coordinator with Brazos Charter School Intake Packet completed.
- If applicable, please provide legal papers showing that you are the legal guardian and have custody over your child.
- Please provide the Camp Worth Intake Coordinator with supporting documents such as IEP, FIE, prior hospitalizations, psychological evaluations, etc.

What to pack-

- Fort Behavioral has hospital grade toiletries products. These products are available to clients, but your child is also welcome to bring their preferred toiletries, such as shampoo, body wash and toothbrush/toothpaste. Clients can also utilize lotion, deodorant and feminine hygiene products.
- You may bring mouth wash; ***however, we ask that it not have alcohol in it.***
- Clothing items include T-Shirts, Pants, Jeans (Ripped are okay, just no holes bigger than a Tennis Ball), Shorts (***Must be down to the knee***), Pajamas, Underwear (including bras and panties), and sweatshirts
- Shoes: ***Clients must bring Tennis Shoes for recreational activities. Clients will NOT be able to participate without them.*** It is also encouraged to bring comfy slides as well for on-the-unit use.



Fort Behavioral Health

- We ask that clients bring 10 days' worth of clothes. With assistance from our Care Coordinators, clients will have access to laundry machines. Fort Behavioral uses Tide Pods as the laundry detergent.
- We do provide bedding and fresh towels, but bringing bedding from home is encouraged to ease the transition process.
- Clients may bring preferred items such as games, electronic devices, etc. Do NOT bring non-portable electronics, such as monitors or desktops. ***However, know that these items will be kept locked up at the nurse's station and the client will earn time with their items as part of the programming. These items will be locked up at the nurse's station.***
- All belongings will be searched prior to going into their room.
- Electric razors are allowed and will be locked behind the nurse's station and can be checked out by clients. ***Please do not bring regular razors, as this is a safety violation.***

Admission

- Please enter through our main entrance at 7140 Oakmont Blvd, Ft. Worth, TX 76132
- Please bring all documents requested (refer to Pre-admission if not sure)
- Please bring names, addresses, and phone numbers of your child's psychiatrist, doctors, counselors, schools, etc. We will obtain Release of Information for these individuals during the admission process.
- The admission process will take over an hour, as the parent or legal guardian will be completing the paperwork
- ***Please bring all your child's medications, these will expedite any delays of receiving new ones.***

Preparing for Discharge



Fort Behavioral Health

- Prior to your child returning home, an appointment with their psychiatrist must be scheduled for no more than 7 days after discharge. ***If the psychiatrist needs medical records, please fill out an ROI for them.***

Visitation and Phone Calls

- We ask that no visitation or phone contact occur during your child's first week at Camp Worth. We understand that this is a tough request, but this allows your child to get acclimated to their new surroundings.
- Your child's therapist will be in contact with you within 24 hours of admission to update you on how your child is doing.
- During this week you may call your child's therapist for further updates on your child.
- In person visitation occurs on Tuesday and Thursday evening from 4pm-6pm and on Saturday and Sunday from 11am-1pm. ***Due to COVID-19, all visitations have been moved to an online format to ensure the safety of our clients. Please discuss visitations with your child's therapist.***
- During these visitations we ask that no electronics or outside food or drinks be brought onto the unit unless it has been cleared by your child's therapist prior to visitation.
- Phone calls occurs nightly starting at 5:30pm. These calls are limited to 20 minutes per client.

School

- Brazos Charter School will take care of all administrative tasks for enrolling and re-enrolling your child.
- If you need information from the school, please let your child's therapist know so the school can reach out to you.



**Fort
Behavioral
Health**

Parent/Guardian Responsibilities

- Family Sessions are a requirement of our Camp Worth program, as we are built on the foundation that family involvement in their child's care is a necessity.
- A minimum of 2 family sessions are required but more may be requested.